



STATE OF WASHINGTON
Office of the Governor

TO: Interested Stakeholders

FROM: Governor Jay Inslee

DATE: May 19, 2020

SUBJECT: Resuming Fitness and Training – Proclamation 20-25

This memorandum serves as the criteria for resuming certain fitness and training activities under Phase 2 and is effective May 19, 2020.

After consulting with stakeholders, we have developed the comprehensive Phase 2 – Fitness and Training COVID-19 Requirements. These requirements apply as long as Gubernatorial Proclamation 20-25, or any extension thereof, is in effect or if adopted as rules by a federal, state or local regulatory agency.

For purposes of this memorandum, “fitness and training activities” include staffed indoor facilities that provide:

- Instruction for personal fitness training that requires access to specialized equipment, including but not limited to gymnastics, weight and resistance training, martial arts, yoga, and similar instructor-led fitness services.

“Fitness and training activities” also includes all other activities substantially similar in operation and equally able to meet the requirements mandated by this memorandum.

Under Phase 2, fitness activities must be limited to groups of **five** trainees or less plus a single instructor.

This memorandum supersedes any conflicting provision in the Appendix to Proclamation 20-25, “Essential Critical Infrastructure Workers” and stands in the place of any other omission from the document.

The fitness and training activities described in this memorandum may resume immediately if:

- a) **They can meet and maintain all requirements, including providing materials, schedules and equipment needed to comply; and**

b) They conduct only those activities that are allowed under their county's phase status.

- **General questions about how to comply with safety practices** can be submitted to the state's Business Response Center at <https://app.smartsheet.com/b/form/2562f1caf5814c46a6bf163762263aa5>.
- **All other violations related to Proclamation 20-25** can be submitted at <https://bit.ly/covid-compliance>.